

# Herinox

WHERE GRACE MEETS STRENGTH

# SUMMER *Camp* KIDS 2026

• MOVE • GROW • SHINE

AN UNFORGETTABLE SUMMER FILLED WITH DANCE, GYMNASTICS, FUN ACTIVITIES, AND LIFELONG MEMORIES!



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# WEEK 1

## PRINCESS AND FAIRYTALE

20 - 24 JULY

A magical themed week where kids move, dance, and tumble like enchanted fairytale characters.

- Prince/Princess ballet-inspired dance routines
- Fairytale gymnastics
- Magical stretching & warm-ups
- Story-based dance games



# WEEK 2

## SUPERHEROES AND NINJAS

27 - 31 JULY

A powerful action week where kids train like heroes and ninjas through movement, strength, and fun choreography.

- Superhero strength poses & power jumps
- Ninja agility obstacle courses
- Action dance routines (hero vs ninja themes)
- Balance, flips & stealth movement games
- Team “mission” challenges with music



# WEEK 3

# POP STARS AND MUSIC VIDEOS



## 3 - 7 AUGUST

A fun, high-energy week where kids become pop stars, dancing, performing, and creating their own mini music videos.

- Pop star dance routines to trending music
- Gymnastics moves styled for stage performance (jumps, turns, poses)
- Microphone & stage performance games
- “Music video shoot” group choreography
- Confidence-building spotlight performances



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# WEEK 4

## CIRCUS AND ACROBATICS

10 - 14 AUGUST

A fun-filled circus adventure where kids become acrobats, performers, and circus stars through movement, balance, and creativity.

- Acrobatics basics (rolls, balances, jumps)
- Circus-themed dance routines
- Tightrope balance games & obstacle courses
- Clown-inspired movement and fun expression
- Mini circus show performance



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# WEEK 5

## DISNEY AND MUSICAL THEATER

17 - 21 AUGUST

A magical performance week where kids step into Disney stories and musical theater scenes through dance, movement, and acting.

- Disney-inspired dance routines
- Musical theater performance games (acting + movement)
- Gymnastics with storytelling (princess, hero, adventure themes)
- Character expression & stage confidence practice



# Herinox WEEK 6

## OLYMPICS AND CHAMPIONS WEEK

24 - 28 AUGUST



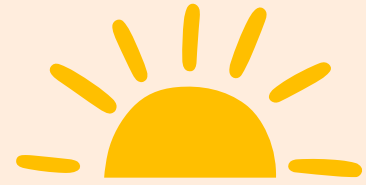
In the last week, the children will be fully preparing for their performance in front of an audience of parents, showcasing their progress with confidence and excitement.

On the final day of the summer camp, they will take part in group competitions, where each group will present their performance in front of their parents, highlighting everything they have learned throughout the camp.

To celebrate their hard work and achievements, all participants will be awarded medals and diplomas, making it a memorable and rewarding conclusion to their summer experience.

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# DAILY SCHEDULE



## HALF DAY

9:00 AM - 12:30 PM

- Dance Classes
- Gymnastics and Tumbling
- Games and Obstacle Courses
- Fun Themed Activities

## FULL-DAY

9:00 AM - 4:00 PM



All half-day activities plus:

- Lunch and Relaxation Time
- Creative Activities and Choreography
- Extra Games and Skill Building



Early drop-off & late pick-up available

# AGE GROUPS

## **GROUP 1** *2 - 5 YEARS*

|                 |                           |
|-----------------|---------------------------|
| <b>HALF-DAY</b> | <b>9:00 AM - 12:30 PM</b> |
| <b>FULL-DAY</b> | <b>9:00 AM - 4:00 PM</b>  |

## **GROUP 2** *6 - 10 YEARS*

|                 |                           |
|-----------------|---------------------------|
| <b>HALF-DAY</b> | <b>9:00 AM - 12:30 PM</b> |
| <b>FULL-DAY</b> | <b>9:00 AM - 4:00 PM</b>  |

**LIMITED 15 KIDS PER GROUP  
FOR PERSONAL ATTENTION & SAFETY**



# PRICING

## HALF-DAY CAMP

**9:00AM - 12:30 PM**

AED 899 / WEEK

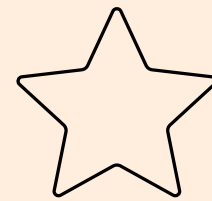
AED 179 / DAY

## FULL-DAY CAMP

**9:00AM - 4:00 PM**

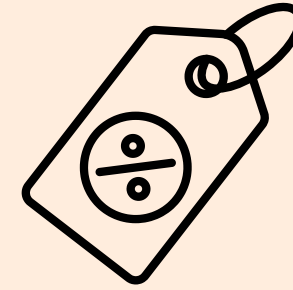
AED 1,399 / WEEK

AED 279 / DAY



### 6- WEEK PACKAGE

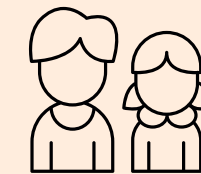
AED 4,999 HALF-DAY  
AED 7,799 FULL DAY



# SPECIAL OFFERS



**EARLY BIRD**  
**20% OFF**  
**(LIMITED TIME)**



**SIBLING DISCOUNT**  
**10% OFF**  
**SECOND CHILD**



# LIMITED SPOTS BOOK NOW

Herinox



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**LET YOUR CHILD MOVE, GROW, & SHINE THIS SUMMER!**